

the menu

breakfast

SERVED UNTIL 11:30

Fresh Fruit Salad	_____	R68
Fresh Seasonal Fruit with Toasted Coconut, Homemade Granola, Yoghurt & Honey		
Overnight Oats Bowl	_____	R65
Overnight Oats with Chia Seeds, Cocoa, Banana & Flaked Almonds		
Café Breakfast	_____	R78
Pesto Fried Eggs, Bacon, Grilled Mushrooms, Roasted Tomato Confit & Toast (Vegetarian option, drop the bacon & add Avo)		
Spinach Waffle		
Topped with Baby Spinach, Poached Egg & Roast Cherry Tomatoes		
• With Smashed Avo	_____	R68
• Add Bacon	_____	R78
• With Cold Smoked Trout	_____	R89
Eggs Benedict		
Toasted English Muffin · 2 Poached Eggs · Homemade Hollandaise Sauce		
• With Fried Mushrooms	_____	R75
• With Bacon	_____	R85
• With Cold Smoked Trout	_____	R95

toasted sandwiches

Oat and Honey White, Seed Loaf, Croissant (Add R7) or Gluten Free Bread (+R5)
Or in a Toasted Tortilla Wrap
Served with Chips OR Salad

Roast Chicken Mayo & Mozzarella	_____	R58	Banana, Bacon & Mozzarella	_____	R58
Bacon, Camembert & Green Fig	_____	R62	Olive, Tomato & Mozzarella	_____	R56
Bacon, Avo & Feta	_____	R58	Cheese	_____	R39
Biltong, Peppadew & Cheese	_____	R58	Ham & Cheese	_____	R44
Bacon, Egg & Cheese	_____	R58	Ham, Cheese & Tomato	_____	R46

Greek Salad	_____	R59
Home Smoked Chicken Salad	_____	R92
Fresh Salad Base topped with Smoked Chicken, Avo, Strawberries & Toasted Flaked Almonds		
Hot Smoked Trout Salad	_____	R105
Fresh Salad Base with Hot Smoked Trout, Flash Fried Asparagus & Pecorino Shavings		
Mexican Salad Bowl	_____	R85
Black Bean, Grilled Corn, Avo, Feta, Cherry Tomato & Red Onion Bowl		
• With Home Smoked Chicken	_____	R95
• With Slow Roasted Lamb	_____	R105
Slow Roasted Lamb Wrap	_____	R95
Tortilla Wrap filled with Slow Roasted Lamb, Grilled Tomatoes Served with Tzatziki		
Beef Burger	_____	R105
Homemade Beef Patty served on a Ciabatta Roll with Tomato, Onion Marmalade & Mushroom Sauce		
Chicken Fillet Burger	_____	R95
Grilled Chicken Filled on a Ciabatta Roll with Tomato, Avo & Feta		
Sweet Potato, Quinoa & Black Bean Burger	_____	R92
Plant Based Patty served on a Ciabatta Roll with Fresh Tomato, Basil Pesto & Marinated Peppers		

light meals

SERVED FROM 11:30

baked

Pancakes

- With Cinnamon Sugar & Fresh Lemon (2) _____ R22
- With Nutella, Banana & Cream (1) _____ R35

Bran Muffin

Bran, Cranberry & Banana Muffin Served with Jam & Cheese _____ R30

Scone

Freshly Baked Scone served with Butter, Jam, Cheese & Cream _____ R30

Spinach & Feta Muffin

- With Bacon & Cheese _____ R45
- Add Smoked Trout & Cream Cheese _____ R65

Baked Cheesecake

_____ R48

Have a look at our display for the Cakes and Treats of the day

COFFEE... is always a good idea

Espresso	_____ R20
Americano	_____ R24
Flat White	_____ R32
Flat White Large	_____ R36
Café Latte	_____ R34
Plunger for 1	_____ R26
Plunger for 3	_____ R65



something warm

Mochaccino	_____ R35
Dark Hot Chocolate	_____ R35
White Hot Chocolate	_____ R35
Milo	_____ R32
English Tea	_____ R20
Rooibos Tea	_____ R20
Red Espresso Cappuccino	_____ R34
Earl Grey Tea	_____ R22
Peppermint Tea	_____ R22
Spiced Chai Latté	_____ R36

We are so blessed to be able to share our space with you and ask that you please take note of the following:

All our food is prepared freshly to order, so please sit back, relax and let us spoil you...

We aim to use the freshest ingredients available; substitutions of unavailable ingredients will be done at our own discretion.

Kitchen Operating Times:

Mon – Friday 8:30 till 16:00

Sat: 08:30 till 12:00

chilled drinks

Espresso Coffee Milkshake	_____ R35
Rooibos & Cinnamon Milkshake	_____ R35
Regular Milkshake	_____ R32
Kiddies Milkshake	_____ R22
(Vanilla, Strawberry, Chocolate, Salted Caramel)	
Homemade Lemonade	_____ R30
Soft Drinks	_____ R26
(Coke, Coke light, Coke Zero, Fanta Orange, Crème Soda)	
BOS Iced Tea	_____ R30
(Peach, Lemon, Lime & Ginger)	
Appetizer/ Red Grapetizer	_____ R30
Still/ Sparkling Water 500ml	_____ R16
Fruit Smoothies	_____ R38
• Jamaican – Raspberry, Pineapple, Blackberry, Banana	
• Tropical – Pineapple, Mango, Peach	
• Hawaiian – Strawberry, Banana	
Juicebox Artisan Fruit juice	_____ R30
Orange Juice	_____ R20
Castle Free	_____ R30
Devils Peak Hero	_____ R32
The Duchess, Virgin G&T	_____ R30
Savannah Lemon (Non-Alcoholic)	_____ R30